Overall development of girls in engineering Institutes

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**Abstract:** Vishaka cell are present in all institutes. Vishaka cell is nothing but "women's given's cell". This paper deals on the activities supporting to the overall development of girls students. This paper not only handles the griven's of girls but also looks towards the development of girls. Some of the activities carries are discussed. This is the one important development cell which promotes the girl students to develop. This cell tries to make girls strong.

Keywords: vishaka cell, development, girls

## 1. Introduction:

Vishaka cell name given is to the Sexual Harassment Prohibitory Cell. Vishakha Cell has been established in 2002. The main aim is of this cell is Building self - esteem & dignity among girl students & ladies faculty. Offering services such as counseling, legal aid in case of atrocities against women. Creating awareness regarding women's right. Arrange programs regarding health, personality development etc. Avoiding & prohibiting sexual harassment at workplace. The vishaka cell members are director, registrar, dean student development, three ladies faculties, one gents faculty and one boy and one girl student from institute. This cell also includes on advocate madam one women representative from society, who is having strong academic and education background.

# 2. Objectives:

- Develop girls
- Enhance girls skills
- Make strong through self defence

## 3. Awareness about Vishakha cell:-

Vishakha cell is Sexual Harassment Prohibitory Cell always works for the girl's problems, self defense, student problems, built up unity in girls and motivation. When students take admission in first year Vishaka cell members give information to them about Vishakha Cell. Main purpose behind this vishaka cell and try to develop the community to respect and protect the girls.

# 4. Handling given's in vishaka cell:-

Whenever a student faces some problem they contact to vishaka cell any member, tell us there problems or do written complaints. Everything will be kept secret. Quick action will be taken on every problem. Also counseling will be provided. For some critical cases the CIBER helps will be taken.

### 5. Vishakha Cell Organizes the activities in current academic year:

- Expert lecture on Health Awareness
- Seminars on Gender Sensitization
- Workshops on Legal Aspects concerned with Women
- "Shardanyas" cultural event exclusively for girl Students

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### 6. Vishakha Cell activities:

# 6.1 Expert Guidance:



Fig.1 Meeting with DYSP and RIT staff

Fig.1 shows DYSP Vaishali Shinde and RIT Staff discussing on girls protection. Due to such activity vishaka cell is helping to cover up gap between police and students. This cell is helping students to become familiar with laws, rules and regulations.



Fig.2 Presentations on cyber law

DYSP Vaishali Shinde guiding the girls about girls' protection and laws, cyber laws and some basic techniques which are useful in day today life.



Fig.3 Shardanyas-2016 Inauguration

# 6.2: Shardanyas 2016:

Shardanyas 2016 with chief guest Dr. Jidnya Shaha Shardanyas program Tree Plantation with Staff members and chief guest Mrs. Shaha. Main intension behind this program is community development which provides the platform to all girls and ladies faculties to enhance their skills and other curriculum activities. This is the cultural program carried out only for girls. Any girl can participate present their singing, drama and dance. No rejection of any program. Every interested girl will be given a chance.



Fig.4 Self Defense program

#### 6.3 Self defense:

Self defense program conducted under Vishakha cell. Considering today's need girls must be very strong physically and mentally. These programs are helpful to build self confidence.



Fig.5 Self defense workshop

DYSP Vaishali Shinde addressing girls about Legal Aspects concern with Women.

# **6.4 Health Awareness:**



Fig.6 Expert lecture on Health Awareness

Every year Vishakha Cell organizes health awareness program. Girls are not aware about their health. In this program Mrs. Sheetal Charchil guide us about impact of low hemoglobin, Effect of extra Dieting on our body etc.

# 6.5 Health Checking Camp:

Health checking camp is conducted in institute. In this activity Hemoglobin of girls are tested and counseling of girls done proper health management. Spread the message "Health is wealth".

# 6.6 Technical Poster Presentation and Short film:-

This is main platform for girls where they can represent their technical skills. Technical subjects will be given to them for poster presentation. We also use short films to motivate girls.

## 7. NIRBHAYA Cycling Rally

The main purpose of Nirbhaya cycle rally was to built-up unity among girls, to strengthen their weakness and to encourage them for their self defense and provide guidens to fight against injustice.

# 8. Cloth Donation Program:-

This camp is mainly conducted for those people who are needy. Old clothes which are good in condition but not used by students and faculties are requested to donate to boxes kept in few locations in particular time in campus. Faculties and students donated the clothes. These clothes will be given to needy people or Anath Ashram.

## 9. International Project Competition:-

Project Competition is planned on the basis of International Women's day on 8<sup>th</sup> March 2017. Through this activity girls are motivated technically. This is planned under lead college activity. The prize amounts are first prize is Rs. 7000/- and second is Rs. 5000/-. Application based real time implemented projects are invited.

### **Conclusion:**

This paper provided some activities helpful for girls overall development. Vishaka cell in the institute is active and looking towards development of girls. This paper helps to other institutes for progress of girls in all technical and nontechnical activities considering health awareness.